

Awareness Workshop on Sustainability and Responsible Actions



By Jivancharya

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What is Sustainability?

Sustainability means taking good care of our planet and ensuring responsible use of resources so that they are available in the future.

What exists today should remain tomorrow for future generations!

Why Sustainability?

We must protect Earth's finite resources, like clean water and minerals, and use resources that never run out, like sunshine, rain and air.

Understanding Earth's Gifts



Finite (Limited)

Imagine a jar of your favorite cookies. Once you eat them all, they are gone! Resources like Coal, Oil, and rare minerals are like those cookies. We must use them very carefully.



Renewable (Unlimited)

These are like the sun! It shines brightly every day and never runs out. Resources like Sunlight, Wind, and Rain keep coming back over and over again!



Our Super Job

We need both to live, but our job is to be very careful with the "cookie jar" (Finite) gifts, and try to use a lot more of the "never-ending" (Renewable) gifts!

Finite vs. Renewable

Look at this Chart!

- ★ **The Brown Side:** These are "Finite" (they can run out). They take millions of years for the Earth to make!
- ★ **The Blue & Green Side:** These are "Renewable" (never-ending). Wind and Solar energy keep coming back!
- ★ Using Renewable energy keeps our air cleaner and our planet much happier!



Be a Planet Hero!

Let's learn about our Earth and how we can protect it every day.

Our Earth, A Beautiful Home

Earth gives us everything!

- ★ Our planet gives us everything we need to live, play, and grow.
- ★ It gives us clean water to drink, fresh air, and yummy food.
- ★ Just like we clean our rooms, we need to keep the Earth clean and healthy too!



Let's see which activities harm the environment and the Earth.



The Wheel of Good Habits

Be a Sustainability Champion.

- ★ You don't need magic superpowers to be a hero for the planet.
- ★ You just need to practice good habits every single day!
- ★ We can save water, plant trees, compost our food, and say NO to single-use plastics!

Reduce, Recycle and Reuse to be a hero for the planet!



3 Hero Actions You Can Do Today!



Turn It Off!

Always remember to turn off the lights and fans when you leave a room to save energy.



Save Every Drop!

Turn off the tap while you are brushing your teeth so we don't waste clean water.



Use Cloth Bags and handkerchiefs!

Always keep a handkerchief in your pocket to avoid using tissue paper.

Remind your parents to take a reusable cloth bag when going out to buy groceries.

Activity: Harm or Heal our Earth?

Let's Play a Game!

Look at the numbered pictures on the wheel. Can you match the actions to the list on the right?

Which ones make the Earth sad, and which ones make it happy?



Activity: Harm or Heal?

Let's Play a Game!

Look at the numbered pictures on the wheel. Can you match the actions to the right list? Which ones make the Earth sad, and which ones make it happy?

Harmful 🙄

- ✗ 1. Wasting water
- ✗ 3. Littering garbage
- ✗ 5. Lots of plastic bags
- ✗ 7. Wasting food

Helpful ☀️

- ✓ 2. Planting trees
- ✓ 4. Composting
- ✓ 6. Cloth bags
- ✓ 8. Recycling



Are You Ready?

What little step will YOU take today to protect our planet?

Our places, our choices

SCHOOL

1

2



HOME

3



4



PARK

5



6



SHARED SPACE

7



8



Let's check how clean our hands are!



1. Wet hands & apply soap



2. Rub palms together



4. Scrub between fingers



5. Rub around each thumb



6. Scrub fingertips and nails



7. Wash around wrists
A wash activity for awareness on cleanliness and hygiene



8. Rinse thoroughly



9. Dry with clean towel
Using a paper towel to dry and to use to use the same towel to turn off the faucet handle

PAPER TOWELS

Explore More Jivancharya Workshops



Clean Food, Junk Food Workshop



Nature's Treasure Workshop



Organic Farming Champion Workshop



Sustainability Warrior Workshop



Practical Guide to Nature and Farm Workshop



Experiential Workshop on Reduce, Reuse and Recycle



Synergy with Other Species Workshop



Customised Workshop for Schools and Institutions

Designed around NEP learning approaches and each school's needs



Thank you!

Let's care for people and planet together

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